

To everyone climbing Mount **Rishiri** in the summer **For safe and comfortable mountain climbing**

J u n e 1 8 , 2 0 2 6 (R e i w a 8)
Wakkanai Local Meteorological Observatory
Ministry of the Environment Wakkanai Nature Conservation Officer Office
Hokkaido Asahikawa Area Wakkanai Police Station
Rishiri Town, Rishirifuji Town, Rebun Town
Hokkaido Soya General Subprefectural Bureau

Mountain weather is harsh!

- Even if it's hot at the foot of the mountain, the feels-like temperature near the summit may drop below 10° C.
- The perceived temperature may fluctuate significantly due to wind or rain.
- Be aware of the risk of sudden thunderstorms, getting lost due to poor visibility, and slipping or falling.

For safe hiking!

- Let's make a relaxed plan with a comfortable schedule (leave early in the morning or get down before sunset).
- Make sure you have enough food, water, and warm clothes, and be fully prepared.

【National Park Usage Etiquette

『 Rishiri Rule 』 】

On Rishiri Island, we are promoting the 'Rishiri Rules' to protect the environment of Mount Rishiri.

- Bring a **portable toilet** with you and use the portable toilet booth!
(On Mount Rishiri, there are six portable toilet booths installed (three on the Oshidomari Course, two on the Kutsgata Course, and one on the Himenuma-Ponyama-Shinkatsuro Course)) .
- To prevent the trail from deteriorating, attach **rubber caps** to your trekking poles!
- Because these are **alpine plants**, **do not sit on or step on the plants!**



**Please take your trash
home!**

Equipment

○ Equipment to secure means of communication

▪ In the unlikely event of getting lost and needing rescue, you should first call 110.

☐ Cell phone / smartphone ☐ Spare battery etc.

※ Be careful, there are a lot of places where the signal doesn't reach.

○ Equipment to avoid getting lost or stranded

▪ Let's check the route on the map in advance.

☐ Map ☐ Compass ☐ GPS etc.

○ Equipment to prepare for accidents

▪ Even if it's a day trip, carry it as much as possible just in case.

☐ Sufficient supplies of food ☐ Sufficient water ☐ Cold-weather clothing and rain gear

☐ Light ☐ Flute ☐ Helmet

☐ Bivouac equipment: tarp (simple tent), emergency sheet, burner (stove) etc.



Precautions when entering the mountains

○ Creating a plan that is manageable and has room to spare

▪ Mount Rishiri has steep slopes and is slippery, so accidents from falls and inability to move due to fatigue occur.

▪ Investigate the mountain conditions in advance, and climb with plenty of leeway according to each person's physical strength and skills.

○ Submission of a Mountaineering Plan (Climbing Notification)

To the nearest police station or local police box. Submission via the web is also possible.

【Hokkaido Police HP】

<https://www.police.pref.hokkaido.lg.jp/info/chiiki/sangaku/sangaku-top.html>



《Hokkaido Police HP》

○ Checking weather information and forecasts

When bad weather or sudden changes in the weather are expected, avoid taking unreasonable actions.

【Wakkanai Local Meteorological Observatory HP】

<https://www.data.jma.go.jp/wakkanai/index.html>



011-676-5025 (24-hour automatic voice response)

《Wakkanai Local Meteorological Observatory HP》

※ For the weather forecast, press '1 #'; for observation results, press '2 #'; for warnings by municipality, press '3 #'; for other inquiries, press '4 #'.



※ Currently, the trail from the 9th station onward on the Kutsugata Course is closed to traffic.



《Ministry of the Environment HP》